



HARMAN FITNESS, THOUSAND OAKS
2400 WILLOW LANE, T.O. CA 91361
805-778-0888 x 207

JUMP **TRAINING**

IMPROVE YOUR JUMP, CARDIO, AND AGILITY!

Tuesdays and Thursdays
3:45pm to 4:45pm in Studio 1

Cost:

FIRST CLASS IS FREE!

\$20 single class

\$140 (8 class package)

PRORATED FEES ARE AVAILABLE. PACKAGES EXPIRE AFTER 60 DAYS.

How to sign up:

E-MAIL: CHRIS HARGER AT HARMANATHLETICS@G-MAIL.COM

SPACE IS LIMITED: PLEASE RSVP BEFORE YOUR FIRST CLASS.